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Does future design induce people to make a persistent change to sustainable food consumption?

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Does future design induce people to make a persistent change to sustainable food consumption?

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Abstract

It is crucial whether or not people make sustainable food consumption (SFC) for resolving climate change, health and environmental problems as well as achieving SDGs. However, little is known about what encourages people to make a sustained shift to SFC. This research considers a future design (FD) approach where people are asked to think of a problem and take actions through taking a perspective of future generations, investigating the question "how does the FD approach impact food consumption?" and the hypothesis "FD induces a lasting shift to SFC." We employ a social experiment with three treatments of "baseline," "deliberation" and "FD," collecting data on organic and nonorganic vegetable consumptions with 300 households in Bangladesh over three months. In baseline, households report the consumptions. In deliberation, they additionally deliberate among their family members to think of a vision, a mission and a strategy for the consumptions. In FD, they additionally take each perspective of past, current and future generations and then deliberate to think of the same issues. The result indicates that FD affects people to have a sustained increase (decrease) in organic (nonorganic) vegetable consumption as compared to any other treatment, and the effect under FD is approximately twice as much as that under deliberation in magnitude and in each round. Overall, FD demonstrates a great potential for inducing people to make a persistent change to SFC.

Keywords: Sustainable food consumption; Organic vegetables; Future design; Deliberation; Social experiment; Bangladesh

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Nomenclature

AATT	Aggregated	average	treatment	effect or	the	treated

- ATT Average treatment effects on the treated
- BDT Taka, Bangladeshi currency
- DALYs Disability-adjusted life-years
- DID Difference-in-difference
- FD Future design
- GHG Greenhouse gas
- glm Generalized linear model
- GSEM Generalized structural equation model
- NVCs Nonorganic vegetable consumptions
- OVCs Organic vegetable consumptions
- RAs Research assistants
- SDGs Sustainable development goals
- SFC Sustainable food consumption
- TEM Total earning members
- TFM Total family members under 18

1 **Introduction**

Climate change substantially threatens ecological systems, intensifies severe weather events, 2 reduces biodiversity and presents complex risks to our current societal framework (O'neill et al., 3 2017). The food system is responsible for more than a third of greenhouse gas (GHG) emissions, 4 directly contributing to climate change (Reisch et al., 2013, Mbow et al., 2020, Crippa et al., 2021). 5 Food is a crucial link between human wellbeing and the planet's health (Sánchez et al., 2021). 6 Household consumptions bear approximately 60% of global GHG emissions and food is among 7 the most impactful consumption categories in terms of emissions (Wellesley et al., 2015, Ivanova 8 et al., 2016). At the same time, the dietary factor plays a significant role in worldwide burdens of 9 diseases, resulting in 11 million deaths and 255 million disability-adjusted life-years (DALYs) in 10 2017 (Afshin et al., 2021). Ample evidence exists that nearly every dimension of human health is 11 also affected by food practices and the disease burdens along with aggregate ecosystem alterations 12 have been growing (Myers et al., 2013). In order to mitigate ongoing problems with climate change 13 and health, it is crucial to transition our food consumptions to be sustainable, i.e., sustainable food 14 consumption (SFC) practices (Vittersø and Tangeland, 2015). There are several studies that have 15 examined the determinants of short-term or immediate changes in food consumptions (Vecchio 16 and Cavallo, 2019, Thøgersen, 2000). This research seeks to experimentally address some possible 17 medium-term or long-term behavioral changes to SFC. 18

Jackson (2006) argues that a SFC concept has emerged recently and it is attributed to the 19 Agenda 21 document, a significant policy suggestion from the United Nations Earth Summit held 20 in Rio in 1992. The SFC is defined to be the use of food products "that respond to basic needs 21 and bring a better quality of life while minimizing the use of natural resources, toxic materials and 22 emissions of waste and pollutants over the life cycle, so as not to jeopardize the needs of future 23 generations" (Oslo Ministerial Roundtable, 1994). Extensive scientific research and public opinion 24 indicate that current rates and methods of food production and consumption are unsustainable, and 25 such failures for sustainability have resulted in or will result in irreversible negative consequences 26 for future societal wellbeing (Pollard et al., 2010, Grooten and Almond, 2018, Kemper and Ballan-27

tine, 2019). Some food consumption is viewed as an effective way towards achieving a transition
to SFC, such as an increase in organic and/or plant-based food consumptions and/or reduction in
specific meat consumptions (Hoek et al., 2004, Lea et al., 2006, Hughner et al., 2007, Vittersø and
Tangeland, 2015).

Human behaviors are argued to be explained via dual-process theories in cognition (Evans, 32 2008, Kahneman, 2011). The theory posits two distinct cognitive processes that govern decisions 33 and behaviors, i.e., automatic and deliberative ones. The automatic processes are concerned with 34 peripheral routes of information processing, while the deliberative ones are concerned with the 35 central routes that require some cognitive efforts. Thus, the deliberative one is known to be asso-36 ciated with languages and with the capacity to think about future and counterfactual possibilities. 37 It is demonstrated that some interventions on the automatic and deliberative processes can have 38 short-term or immediate effects across different domains, while the long-term effects are not well 39 documented (Allcott and Rogers, 2014, Abrahamse, 2020). Such long-term behavioral changes 40 are known to be achieved through habit formations, a change in mental contents and cognition, 41 recursive social exchanges and benefit calculation in deliberative cognitive processes (Rogers and 42 Frey, 2015, Volpp and Loewenstein, 2020). Rothman et al. (2009) suggests that interventions on 43 deliberative processes shall be effective at maintaining a long-term behavioral change, requiring 44 systematic data collection over sufficiently long time. 45

Several field and lab experiments have examined some impacts of interventions on automatic 46 processes, such as nudging, labels and visual prompts, in a variety of contexts to alter people's 47 consumption behaviors (Maas et al., 2012, Whitehair et al., 2013, Bucher et al., 2016, Brunner 48 et al., 2018, Hummel and Maedche, 2019, Abrahamse, 2020, Majer et al., 2022, Qi et al., 2022, 49 Segovia et al., 2023). A field experiment by Vandenbroele et al. (2018) investigates whether or not 50 introducing some small-sized commodity to a retailer's assortment encourages consumers to buy, 51 finding that it successfully nudges consumers to do so. Lohmann et al. (2022) estimate the causal 52 effect of some labels on individual food choices through conducting experiments at cafeterias in 53 five different universities, revealing that carbon footprint labels promote climatarian diets. Another 54

set of studies has carried out a series of experiments to investigate the immediate effects of inter-55 ventions on deliberative processes by noting descriptive information provisions and social norms 56 to subjects, confirming the existence of such effects on people's decisions and behaviors (Nomura 57 et al., 2011, Monroe et al., 2015, Sparkman and Walton, 2017, Stöckli et al., 2018, Nguyen et al., 58 2022, Bazoche et al., 2023). A study by Carfora et al. (2019) tests the impact of different messag-59 ing interventions on people's attitudes and behaviors about red and processed meat consumptions 60 in field experiments with 350 university students in Italy. They suggest that health and environ-61 mental messages have some prolonged effects even after one month of the interventions. Overall, 62 the literature generally establishes that some interventions on automatic and deliberative processes 63 can have short-term effects on consumption behaviors. 64

Future studies approaches, i.e., visioning, backcasting and scenario planning, have been stud-65 ied in the past few decades to depict how a group of people or organizations adapt to anticipated 66 future trends and to provide insights into opportunities for changes in behaviors and strategies 67 (Swart et al., 2004, Bell, 2009, Phdungsilp, 2011, Amer et al., 2013, Timilsina et al., 2020). Most 68 of these future studies approaches utilize visioning to share and understand a thorough, robust 69 and consensus-based vision among participants in the workshops (Potschin et al., 2010, Costanza, 70 2000, Wiek and Iwaniec, 2014). Prior research has applied backcasting and/or scenario plan-71 ning with visioning in various domains, such as businesses, natural resource management and 72 economies in a society, for various adaptations and changes (Phdungsilp, 2011, Pereverza et al., 73 2019, Thorén and Vendel, 2019, Sandström et al., 2020). It is claimed that there is little empirical 74 evidence regarding how much such future studies approaches impact people's or organizational 75 behaviors and strategies (Oliver, 2023). A new approach called future design (FD) has gained at-76 tention and research interest, empirically establishing the impact on the behaviors and strategies 77 in experiments (Saijo, 2020, Timilsina et al., 2020, Pandit et al., 2021, Shahen et al., 2021). How-78 ever, the impacts have yet to be proven to persist in the medium or long-term. FD comprises a 79 series of procedures where people read a case-method material and think about a problem by tak-80 ing each perspective of past, current and future (Nakagawa et al., 2019, Pandit et al., 2021). After 81

that they take the perspective of future generations, make deliberations and request some visions, 82 missions and strategies to current generations. Finally, taking the current generations perspective, 83 people suggest their own visions, missions and strategies for the problem. To enhance intergen-84 erational sustainability, researchers introduce future ahead and back (FAB) and intergenerational 85 accountability mechanisms as part of FD approaches (Shahen et al., 2021, Timilsina et al., 2023). 86 MacAskill (2022) also proposes a similar idea to introduce "longtermism" as a view that we should 87 do much more to protect the interests of future generations, recognizing that our current actions 88 will have a significant impact on countless future people. Despite that, FD offers a series of proce-89 dures to address a problem, developing self accountability through visions, missions and strategies 90 and taking the perspective of different times. 91

Previous research has primarily focused on examining the immediate or short-term changes 92 in people's behaviors. Little studies have documented sustained behavioral changes and studied 93 how some interventions, such as future studies approaches, affect people in the medium or long 94 run. Some recent researches have presented a great potential of FD approach to induce people to 95 make long-term changes in their behaviors, demonstrating its strong effectiveness for short-term 96 changes through conducting laboratory and field experiments (Timilsina et al., 2020, Pandit et al., 97 2021, Shahen et al., 2021, Timilsina et al., 2023). In this study, we focus on examining possible 98 impacts on people's food consumption behaviors by FD interventions as an experimental study 99 for long-term behavioral changes, because the persistent shift to SFC is known to be crucial for 100 addressing climate change and health issues at global level. Therefore, we pose a question "how 101 does the FD approach impact food consumption," hypothesizing that FD induces a lasting shift 102 to SFC. We design and institute a 3-round social experiment with three treatments of "baseline," 103 "deliberation" and "FD," collecting data on organic and nonorganic vegetable consumptions with 104 300 households in Bangladesh over three months. Addressing the question and hypothesis will 105 be beneficial for inducing people to make a persistent change to SFC in tackling issues related to 106 sustainable development goals (SDGs). 107

108 2 Methods

109 2.1 Study areas and sampling strategy

We chose Jashore and Jhenaidah as our study areas and they are located in the south-western 110 region of Bangladesh. Figure 1 illustrates the study areas which are recognized as a regional cen-111 ter of agriculture, particularly, vegetable production (BBS, 2022). People's sociodemographic and 112 ethnic profiles in the two areas are homogeneous and close to the country's average (BBS, 2020). 113 In Bangladesh, there are some specific areas where local agricultural production meets certain re-114 quirements for organic agriculture, and our study areas are the ones that engage on such organic 115 agriculture (Badgley et al., 2007, Rahmawati et al., 2018). Organic agriculture is a comprehensive 116 approach towards food production that aims to improve the health of agroecosystems including 117 biodiversity, biological cycles and soil activities (Gomez and Thivant, 2017). The approach high-118 lights the utilization of natural inputs, such as minerals and plant-derived products, abstaining from 119 use of synthetic fertilizers and pesticides (Singh and George, 2012, Ferdous et al., 2021). On the 120 other hand, nonorganic agriculture involves modern agricultural practices that heavily rely on syn-121 thetic chemical fertilizers, fungicides, insecticides and herbicides (Campion et al., 2020). In the 122 areas, the market prices of organic vegetables are comparable to those of nonorganic vegetables, 123 and farmers can choose how much to produce organic and nonorganic vegetables depending on 124 their production environments, modes and methods in each growing season (FAO, 2023). There-125 fore, both organic and nonorganic vegetables are produced and traded in agricultural markets at 126 the local vicinity, while local people have some experiences to purchase and consume organic 127 and nonorganic vegetables in the markets or from the farm gates as their daily practices (Dhaka 128 Tribune, 2014, Musa et al., 2015, Seraj, 2019). The features in our study areas are considered 129 appropriate for conducting our social experiments. 130

Three treatments, baseline, deliberation and future design (FD), are prepared for the experiments over three rounds (t = 1, 2 and 3) between January 2023 and March 2023 that consists of one pretreatment round and two posttreatment rounds (figure 2a). The households were selected



Figure 1: The study areas in Bangladesh, Jashore and Jhenaidah

by following the stratified random sampling techniques. We randomly selected 150 households in 134 each of Jashore and Jhenaidah areas by using the residence list and the random number generators, 135 totaling 300 households. The randomization procedures were also employed to assign 50 out of 136 the 150 households to each of the three treatments within one area, and consequently, 100 house-137 holds are assigned to each treatment. The 1st author administered the experiments, organized and 138 trained local support staff as well as research assistants for the households' recruitment, participa-139 tion and data collection, explaining our experiments as the programs organized by the university 140 and the Upazila agriculture office to the households. The households received an instruction for 141 an overview of the programs and signed an informed consent for their participation in advance 142 (see the appendix material A for the experimental instructions). Therefore, they participated with-143 out noticing that they are part of our experiments, while the participation rate was approximately 144 85 %.¹ It reflects that a majority of households are familiar with organic and nonorganic vegetables, 145 considering the program participation fee (= 900 BDT) to be good enough. The fees were solely 146 provided as the compensation for their involvement in the programs that contain three rounds of 147 our experiments, and the amount was the same for all the households. 148

2.2 Experimental setup and procedures

The social experiments along with questionnaire surveys were conducted to collect necessary information of the households regarding their sociodemographic variables, daily organic and nonorganic vegetable consumptions in a week in each round to calculate their weekly organic vegetable consumptions (OVCs) and nonorganic vegetable consumptions (NVCs) (figure 4). We collect weekly vegetable consumptions data in each round, implicitly choosing a specific week with an interval of one month. We do so to capture the persistent change precisely, considering the buying culture of Bangladeshi households, as well as the time and cost involved in conducting the

¹We identified that some households rejected their participation due to several reasons, such as health problems. However, we sought to recruit households for reaching a sample size of 300. The participation rate is considered the ratio between the number of households we invited through sampling processes and the number of households who actually participated in the programs.



(a) The temporal flows of experiments over three rounds, pretreatment round 1, post-treatment round 1 and posttreatment round 2



(b) The procedures in each of the 1st and 2nd experimental interventions for deliberation and future design (FD) treatments as compared to no intervention for baseline one

Figure 2: Experimental procedures over time and the flow of experimental interventions per treatment

research.² The sociodemographic variables include the household head's pretreatment knowledge 157 about organic food, age, gender, education, household income, a number of family members under 158 18 and earning members (see the appendix material B for collecting information of the pretreatmnt 159 knowledge). However, information regarding some time-invariant sociodemographic variables is 160 collected only in the pretreatment round. The prices for OVCs and NVCs are not included as 161 independent variables, because they remain the same for households across treatments over three 162 periods. In the field, there is a lack of access to computers or devices equipped with internet 163 connectivity. Consequently, all the procedures were conducted manually by the experimenter and 164 research assistants. The households in the study were literate and employed traditional writing 165 instruments, namely pens and papers, to respond to the inquiries. Whenever the households had 166 questions, the experimenter or research assistants sought to answer them in a real-time manner. 167

Deliberation and future design (FD) treatments are set to examine the effects on household 168 food consumptions in each area on top of baseline one, consisting of the 1st and 2nd experimental 169 interventions between two rounds (figure 2b). With this design, we test a hypothesis "FD induces 170 a lasting shift to SFC as compared to the baseline and deliberation." Households in baseline are 171 asked to help in recording and reporting their OVCs and NVCs over three rounds without any 172 experimental intervention, being considered "untreated" over all periods. In deliberation and FD, 173 households receive some experimental interventions that consist of reading case-method materi-174 als, watching a video and discussing about their food consumptions regarding OVCs and NVCs 175 between the two rounds (figure 2b). Therefore, households in deliberation and FD are consid-176 ered "untreated" in pretreatment round 1 (t = 1), and "treated" in posttreatment rounds 1 and 2 177 (t = 2 and 3). The case-method materials provide households with a brief history, definitions and 178 current situations of organic and nonorganic foods in their native language for easy comprehen-179

²Households think that they are under monitoring all the weeks in each round without knowing that experimenters implicitly choose a week for precisely monitoring and measuring food consumptions. At the same time, we admit that there may be an alternative way to quantify a persistent change in food consumptions, such as trying to collect every-day data over months without specifying a week. However, we conclude that these procedures become too demanding for our research team as well as for households in terms of time and cost, and it shall be very difficult to precisely collect all day consumption data. Overall, considering food cultures, practices and the nature of Bangladeshi households, we do believe that the data-collection procedure we use in this research is one of the most effective ways to precisely measure and quantify the persistent change by streamlining the burden, cost and time on several aspects.

sion (see the appendix C for case-method materials). In a video, scientific information and facts
for organic and nonorganic foods along with the detailed production and consumption processes in
Bangladesh are introduced over 10 minutes, referring to some books, reports and articles (Sarker
and Itohara, 2008, Yoshino, 2010, Zulfiqar and Thapa, 2016, Gomez and Thivant, 2017, Ferdous
et al., 2021, BBS, 2022).

In deliberation, household heads are first asked to write their initial suggestions for betterment 185 of household food consumptions after reading the case-method materials and watching a video 186 (figure 2b). They are asked to sit for approximately 10 to 20 minutes of discussion with household 187 members and then to summarize the suggestions raised via the discussion. Ultimately, they are 188 requested to write their household visions, missions and strategies as the final suggestions for the 189 betterment. In FD, after reading case-method materials and watching a video, household heads are 190 asked to write their evaluations and understanding about food consumptions and organic agricul-191 ture, taking each perspective of people in the past (2001), in the current (2023). Additionally, they 192 are asked to imagine what will possibly happen or they should do on food consumptions in the 193 future, taking both perspectives of people in the current (2023) and in the future (2043) to expand 194 their ways of thinking and viewpoints (Timilsina et al., 2020, Pandit et al., 2021, Shahen et al., 195 2021) (figure 2b). When household heads and members take the future standpoint, they are asked 196 to think and write possible requests of visions, missions and strategies for food consumptions to the 197 current as if they are people in the future (2043). Therefore, they discuss with household members 198 from the future standpoint and summarize the requests. Finally, household heads and members are 199 asked to get back to the current standpoint, writing their final suggestions of household visions, 200 missions and strategies for food consumptions. In deliberation, household heads and members 201 complete every intervention only from their own current standpoint. However, in FD, household 202 heads and members go through different perspectives of people in the past, current and future 203 to complete every intervention. In particular, they are asked to make the requests to the current 204 from the future standpoint, finally getting back to the current standpoint for finalizing their visions, 205 missions and strategies. 206

We track and monitor weekly organic and nonorganic vegetable consumptions for 300 house-207 holds in pretreatment round 1, posttreatment round 1 and posttreatment round 2 over three months. 208 Households are randomly monitored through visits by RAs or the 1st author over a month in each 209 round, and we sought to confirm how their vegetable purchases and consumptions are truthfully re-210 ported. In particular, we implicitly pick a specific week for intensive observations and monitoring 211 of each household in each round across treatment to obtain precise OVCs and NVCs, and house-212 holds never know which week is that specific week. In pretreatment round 1, all households are 213 requested to provide sociodemographic information by completing questionnaires and the weekly 214 vegetable consumptions without any experimental intervention (figure 2a). Just before posttreat-215 ment round 1, the 1st experimental interventions take place for the households in deliberation and 216 FD (see the 1st experimental interventions in figure 2a). After the 1st interventions, we track weekly 217 vegetable consumptions and randomly monitor each household over posttreatment round 1. In to-218 tal, we conduct 12 sessions and organize a session of 20 to 30 households for the experimental 219 interventions in baseline, deliberation and FD treatments that take approximately 30, 80 and 100 220 minutes, respectively. Just before posttreatment round 2, the 2nd experimental interventions are 221 made, following the same procedures as the 1st experimental interventions. After that, we keep 222 track of the consumptions and monitor each household over posttreatment round 2 as in posttreat-223 ment round 1. Upon completing the three rounds, a program participation fee was transferred to 224 the bank accounts of the participating households. 225

226 2.3 Statistical analyses

The experimental panel data over three rounds of $t = \{1, 2, 3\}$ from 300 households are organized and utilized for the statistical analyses, consisting of OVCs, NVCs, treatment dummies and sociodemographic variables (see table 1 for the definitions of all variables). To estimate the treatment effects, we apply a difference-in-difference (DID) method with multiple-time periods which is one of the most popular approaches to evaluate causal treatment effects (see, e.g., Angrist and Pischke, 2009, Wooldridge, 2010, Chakrabarti et al., 2018, Hossain et al., 2019, Callaway and

	Table 1: Definitions of variables
Variables	Descriptions
Dependent variables Organic vegetable consumptions (OVCs) Nonorganic vegetable consumptions (NVCs)	Weekly consumptions of organic vegetable in kg Weekly consumptions of nonorganic vegetable in kg
Independent variables Treatments (Base group = Baseline treatment) Deliberation treatment	It takes 1 when a household is in deliberation treatment, otherwise 0
Future design treatment Sociodemographic variables	It takes 1 when a household is in future design treatment, otherwise 0
Preknowledge	Household head's pretreatment knowledge about organic food from 1 to 7 (completely low = 1, mostly low = 2, somewhat low = 3, neither high nor low = 4, somewhat high = 5, mostly high = 6 and completely high = 7)
Age Gender	Household head's age is expressed by years It takes 1 when a subject is female, otherwise 0
Household income	Monthly income in BDT ^a
Education	Household head's education from 0 to 6 (no formal education or no schooling = 0, 1 to 5 years of schooling = 1, 6 to 8 years of schooling = 2, 9 to 10 years of schooling or secondary school certificate = 3, 12 years of schooling or higher secondary school certificate = 4, underraduate university degree or equivalent = 5 and graduate degree or equivalent = 6)
Total family members under 18 (TFM) Total earning members (TEM)	Number of persons in a family living together under 18 years old Number of earning persons in a family
^a BDT stands for Bangladeshi currency "taka."	

do hio ų ų È ÷ Table Sant'Anna, 2021, Braghieri et al., 2022, Cameron and Trivedi, 2022, Kemigisha et al., 2023). With this method, the pre-post difference in the mean vegetable (organic and nonorganic) household consumptions in deliberation or FD is compared with that in baseline, and it enables to identify the aggregated average treatment effects on the treated denoted by $AATT_j^K$ for $K = \{OVCs, NVCs\}$ and $j = \{deliberation, FD\}$ (Callaway and Sant'Anna, 2021).

²³⁸ The equations are specified as

239

$$AATT_{j}^{K} = \sum_{t=2}^{3} \omega(g, t) \cdot ATT_{j}^{K}(g, t)$$
(1)

$$Y_{it}^{K} = \gamma_{t}^{K} + \gamma_{g}^{K} + \sum_{e=0}^{1} \gamma_{e}^{K} deliberation_{it}^{e} + \gamma_{x}^{K} \mathbf{X}_{i} + u_{it}$$
(2)

$$Y_{it}^{K} = \lambda_{t}^{K} + \lambda_{g}^{K} + \sum_{e=0}^{1} \lambda_{e}^{K} F D_{it}^{e} + \lambda_{x}^{K} \mathbf{X}_{i} + \epsilon_{it}.$$
(3)

where g is the time period when a household first becomes treated, $\omega(g, t)$ is the weighting function 242 and $ATT_{j}^{K}(g, t)$ is the average treatment effects on the treated (Callaway and Sant'Anna, 2021). 243 Households in baseline had remained untreated for all periods, being specified as a group by g = 0, 244 while those in deliberation and FD treatments get treated in the periods t = 2 and t = 3, being 245 specified as a group by g = 2. In equations (2) and (3), Y_{it}^{K} s are the dependent variables of OVCs 246 and NVCs from households indexed by i = 1, ..., 300, deliberation^e_{it} and FD^e_{it} are the treatment 247 dummy variables, taking a value of 1 when household i gets treated at time period t, e is the length 248 of a treatment exposure (e = t - g), \mathbf{X}_i is a vector of the pretreatment sociodemographic variables, 249 γ_t^K and λ_t^K are parameters for time-fixed effects, γ_g^K and λ_g^K are parameters for group-fixed effects, 250 γ_x^K and λ_x^K are vectors of parameters associated with \mathbf{X}_i , u_{it} and ϵ_{it} are error terms. Finally, γ_e^K 25 and λ_e^K are the main parameters of our interests to measure the average treatment effects across 252 different lengths of exposure to the treatment, i.e., $ATT_{deli}^{K}(2,2) = \mathbb{E}(\gamma_{0}^{K})$ and $ATT_{deli}^{K}(2,3) = \mathbb{E}(\gamma_{0}^{K})$ 253 $\mathbb{E}(\gamma_0^K + \gamma_1^K), ATT_{\rm FD}^K(2,2) = \mathbb{E}(\lambda_0^K), ATT_{\rm FD}^K(2,3) = \mathbb{E}(\lambda_0^K + \lambda_1^K).$ 254

Figure 3 is a conceptual framework that visualizes the relationships among groups, time periods, sociodemographic variables and households' consumptions of organic and nonorganic vegFigure 3: A conceptual framework describing the relationships among group, time period, sociodemographic variables, organic vegetable consumptions (OVCs) and nonorganic vegetable consumptions (NVCs) where γ_g^K , γ_t^K , γ_e^K , λ_g^K , λ_t^K , λ_e^K and γ_x^K , λ_x^K are coefficients and a vector coefficients for the corresponding factor; and $K = \{OVCs, NVCs\}$.



etables. The relationships among variables represented by plane arrows in figure 3 are statistically 257 identified through estimating parameters in equations (1) to (3). Our focus is on estimating the 258 coefficients of λ_e^K , λ_g^K , λ_t^K and λ_x^K in figure 3 and on comparing the estimates with those in equa-259 tion (2). Recall our research question "how does the FD approach impact food consumption?" and 260 the hypothesis "FD induces a lasting shift to SFC." The coefficients of λ_e^K s are the most important 261 key parameters enabling us to answer the research question and the hypothesis. Specifically, the 262 hypothesis can be posed as follows: $H_0: \lambda_e^K = 0$ and $H_1: \lambda_e^K \neq 0$ for $e = \{0, 1\}$. In this regard, 263 we expect that households in FD increase (decrease) OVCs (NVCs) over the rounds as compared 264 to those in baseline and deliberation or equivalently $AATT_{FD}^{K}$ is estimated to be practically and 265 statistically significant. 266

As a robustness check, we apply a two-part model with random effects using the probit-glm framework (see, e.g., Belotti et al., 2015, Eisenberg et al., 2015, Farewell et al., 2017, Pallegedara, 2020, Jiang and Ni, 2020, Dangerfield et al., 2021, Amore and Murtinu, 2021, Kruse et al., 2021, Cameron and Trivedi, 2022, Bazoche et al., 2023). In the first part, a probit model is estimated for the probability of observing a positive OVC or a positive NVC versus zero. In the second part, conditional on the positive consumption, a generalized linear model (glm) is estimated with a family of gamma and log links through validating a modified Park and Prigibon test, respectively (see, e.g., Polgreen and Brooks, 2012, Glick, 2015, Ng and Cribbie, 2017). The two-part model is specified as

$$\Phi^{-1}\Pr(Y_{it}^K > 0 | \mathbf{W}_{it}) = \alpha_0^K + \alpha_1^K deliberation_{it} + \alpha_2^K FD_{it} + \alpha_3^K \mathbf{X}_{it} + V_i^K$$
(4)

$$\log[\mathbb{E}(Y_{it}^{K}|Y_{it}^{K}>0,\mathbf{W}_{it})] = \beta_{0}^{K} + \beta_{1}^{K} deliberation_{it} + \beta_{2}^{K} FD_{it} + \beta_{3}^{K} \mathbf{X}_{it} + U_{i}^{K}$$
(5)

where Φ^{-1} is the probit link function, Y_{it}^K s are dependent variables of OVCs and NVCs for house-278 hold i at time period t, \mathbf{W}_{it} is a vector of all the independent variables that follows, deliberation_{it} 279 and FD_{it} are treatment dummy variables that takes a value of 1 when household *i* is in deliberation 280 or FD at time period t, respectively, X_{it} is a vector of the pretreatment sociodemographic vari-281 ables, V_i^K and U_i^K are random intercepts, being assumed to be uncorrelated with \mathbf{W}_{it} . The α_1^K , 282 α_2^K and α_3^K (β_1^K, β_2^K and β_3^K) are parameters to be estimated for the probit model (glm), and our 283 main concerns are on estimating $\alpha_1^K, \alpha_2^K, \beta_1^K$ and β_2^K associated with *deliberation*_{it} and *FD*_{it}, con-284 trolling for other independent variables. We estimate the two-part model of equations (4) and (5) 285 for posttreatment round 1, posttreatment round 2 as well as for the panel data by applying the gen-286 eralized structural equation model (GSEM) approach (Jiang and Ni, 2020, Cameron and Trivedi, 287 2022). Finally, the combined marginal effects for each independent variable in all models are com-288 puted with the estimated coefficients to quantify the magnitude of the impacts by deliberation and 289 FD treatments on the dependent variables (Wooldridge, 2010, Jiang and Ni, 2020, Cameron and 290 Trivedi, 2022). 291

292 **3 Results**

Table 2 reports the summary statistics of the major independent variables for households in baseline, deliberation, future design (FD) and overall sample, respectively. It is observed that the

		Treatments		Overall	p-value
	Baseline	Deliberation	Future design	- O VIIIII	p fuide
Preknowledge					
Average (Median) ^a	3.95 (4.38)	4.08 (4.25)	4.19 (4.75)	4.07 (4.50)	
SD^{b}	1.39	1.25	1.34	1.33	0.32 ^d
Min	1.00	1.00	1.00	1.00	
Max	7.00	6.75	6.50	7.00	
Age					
Average (Median)	37.89 (35.00)	35.2 (35.00)	37.09 (35.00)	36.73 (35.00)	
SD	13.60	10.97	11.63	12.13	0.44 ^d
Min	18.00	17.00	16.00	16.00	
Max	69.00	63.00	65.00	69.00	
Gender					
Average (Median)	0.43 (0.00)	0.42 (0.00)	0.41 (0.00)	0.42 (0.00)	
SD	0.49	0.49	0.49	0.49	0.96 ^e
Min	0.00	0.00	0.00	0.00	
Max	1.00	1.00	1.00	1.00	
Education					
Average (Median)	3.05 (3.00)	3.07 (3.00)	3.62 (4.00)	3.25 (3.00)	
SD	1.48	1.60	1.76	1.64	0.02 ^e
Min	1.00	0.00	0.00	0.00	
Max	6.00	6.00	6.00	6.00	
Total family member	r under 18 (TFM)				
Average (Median)	1.15 (1.00)	1.33 (1.00)	1.40 (1.00)	1.29 (1.00)	
SD	0.96	1.12	0.93	1.00	0.76 ^e
Min	0.00	0.00	0.00	0.00	
Max	5.00	7.00	4.00	7.00	
Total earning member	er (TEM)				
Average (Median)	1.41 (1.00)	1.32 (1.00)	1.34 (1.00)	1.36 (1.00)	
SD	0.67	0.51	0.64	0.61	0.87 ^e
Min	1.00	1.00	1.00	1.00	
Max	5.00	3.00	5.00	5.00	
Household income c					
Average (Median)	25825 (20000)	25258 (20000)	26825 (20000)	25969 (20000)	
SD	16854.45	14605.83	18553.60	16706.01	0.94 ^d
Min	5000	6500	6000	5000	
Max	100000	90000	110000	110000	
Sample size	100	100	100	300	

Table 2: Summary statistics of the independent variables

^a Median in parentheses
 ^b SD stands for standard deviation
 ^c Household income in BDT
 ^d Kruskal-Wallis test is applied to examine whether or not the frequencies of the variables are independent among the treatment groups
 ^e Chi-squared test is applied to examine whether or not the frequencies of the variables are independent among the treatment groups

among the treatment groups

averages of the sociodemographic variables conditional on specific treatments are almost similar 295 to the overall (unconditional) averages of taking the same variables. The preknowledges of house-296 hold heads about organic and nonorganic food are similar among the treatments, and the overall 297 average preknowledge is neither high nor low (4.07). The mean age of the household head in the 298 three treatments does not vary, and the average age is approximately 37 years old. Considering 299 gender, 43 %, 42 %, and 41 % household heads are female in baseline, deliberation and FD, re-300 spectively. Regarding education, household heads in baseline and deliberation possess ten years of 301 schooling as a median, while in FD, household heads usually receive twelve years of schooling as 302 a median. Table 2 also indicates that, on average, households in each treatment include one earning 303 member and one family member under the age of 18. The average monthly household income is 304 approximately 26 000 BDT in the overall sample, which does not vary among the treatments. The 305 Chi-squared and Kruskal-Wallis tests indicate that most of the independent variables are not sig-306 nificantly different among the treatments, implying that the random assignments of the treatments 307 through sampling processes are effective enough as initially intended. 308

Table 3 presents the summary statistics of weekly organic vegetable consumptions (OVCs) and 309 nonorganic vegetable consumptions (NVCs) in three rounds. In the pretreatment round 1, house-310 holds in baseline, deliberation and FD weekly consume 0.88, 0.82 and 0.64 kg (7.53, 7.21 and 311 7.31 kg) organic (nonorganic) vegetables, respectively, indicating almost the same amount of veg-312 etable consumptions among the treatments. However, households in baseline, deliberation and FD 313 weekly consume organic (nonorganic) vegetables 1.42, 2.47 and 3.24 kg (6.73, 5.62 and 4.63 kg) in 314 the posttreatment round 1 and 2.18, 3.69 and 4.21 kg (5.25, 3.85 and 3.23 kg) in the posttreatment 315 round 2, respectively. This implies that households in deliberation and FD gradually increase (de-316 crease) OVCs (NVCs) compared to baseline over the two posttreatment rounds and the degree of 317 increase (decrease) is higher in FD. Overall, table 3 reveals that households in different treatments 318 exhibit different OVCs (NVCs) during the posttreatment rounds compared to the pretreatment. It 319 also appears to be true qualitatively in figure 4. In addition, Mann-Whitney tests validate the sig-320 nificant differences in the distributions between baseline and other treatments (deliberation and 321

	Pret	treatment round		Posti	reatment round		Post	treatment round 2	5	Ilonoit
	Baseline	Deliberation	FD^{b}	Baseline	Deliberation	FD	Baseline	Deliberation	FD	OVGIAII
Organic veget	able consun	nptions (OVCs) ^a								
Average	0.88	0.82	0.64	1.42	2.47	3.24	2.18	3.69	4.21	2.17
Median	0.00	0.00	0.00	0.50	1.50	2.50	1.50	3.00	3.75	1.00
SD^{c}	1.87	1.59	1.34	1.94	2.99	2.87	2.17	3.25	2.69	2.69
Min	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Max	9.00	7.25	7.80	8.00	20.00	13.00	9.5	23.00	18.00	23.00
Nonorganic ve	sgetable con	sumptions (NVC	S) ^a							
Average	7.53	7.21	7.31	6.73	5.62	4.63	5.25	3.85	3.23	5.71
Median	6.63	6.50	6.50	6.50	5.50	4.13	5.00	3.25	2.50	5.00
SD	4.49	3.99	3.69	3.10	3.10	3.09	3.39	2.43	2.43	3.67
Min	0.00	1.00	2.00	0.50	0.00	0.00	0.00	0.00	0.00	0.00
Max	27.50	24.00	20.50	20.50	15.00	14.00	28.00	11.00	17.00	28.00
Sample size	100	100	100	100	100	100	100	100	100	006
^a Weekly cont	sumptions ir	ıkg								
^v FD stands f(or future des	ıgı								
^c SD stands fc	or standard c	leviation								

variables
dependent
of the
statistics
Summary
Table 3:

³²² FD) at 1 % level.

Table 4 exhibits the difference-in-difference (DID) estimates, i.e., average treatment effects 323 on the treated (ATT), based on equations (1) to (3), indicating the impact of the treatments. It 324 is apparent that DID estimates of deliberation and FD on OVCs show consistently positive and 325 statistically significant results at 1 % level in models 1-1 and 1-2, respectively (table 4). However, 326 DID estimates of FD on NVCs are statistically significant at 1 to 5% level with a negative sign 327 in model 2-2. Particularly in posttreatment round 1 that households receive deliberation and FD, 328 OVCs are estimated to increase by 1.12 and 1.92 kg, respectively and in posttreatment round 2, 329 they are estimated to increase by 1.62 and 2.21 kg, respectively, as compared to baseline. The 330 aggregate coefficients reveal that over three rounds, households in deliberation and FD weekly 331 consume organic vegetable on average $ATT_{deli}^{OVCs}(2,3) = 1.37$ and $ATT_{FD}^{OVCs}(2,3) = 2.07$ kg more 332 than baseline, respectively. Moreover, in posttreatment round 1 and posttreatment round 2, NVCs 333 are estimated to decrease by 1.78 and 1.65 kg for FD households as compared to baseline, respec-334 tively. The aggregate coefficient shows that over three rounds, households in FD weekly consume 335 nonorganic vegetable on average $ATT_{FD}^{NVCs}(2,3) = 1.72 \text{ kg}$ less than baseline. Overall, it can be 336 interpreted that FD induces a lasting shift from nonorganic to organic vegetable consumptions as 337 compared to baseline and it has a more economically significant impact, almost 2.0 times greater 338 than deliberation. In addition, we also do the subsample analyses by considering deliberation as 339 a base group and obtain positive (negative) impacts of FD on OVCs (NVCs) which demonstrate a 340 great potential of FD compared to any other treatments.³ 34

Table 5 represents the marginal effects of the independent variables in two-part models to check the robustness of our results and the main results remain the same.⁴ We mainly center on reporting the marginal effects of treatment dummies, age, gender and household income, because they are

³In subsample analyses that include deliberation (base group) and FD treatments, DID estimates of FD on OVCs (NVCs) show positive (negative) and statistically significant results at 10 % level in posttreatment round 1 and at 11 to 12 % level in aggregate, respectively (see the appendix D for the results of subsample analysis). These results can be considered practically significant in view of the weekly organic and nonorganic vegetable consumptions of Bangladeshi households.

⁴Because of having less number of zero observations (approximately 5%), we apply glm (gamma-log) by using equation (5) to identify the effect of independent variables on NVCs (Wooldridge, 2010, Smith et al., 2017).



(a) Households organic vegetable consumptions (OVCs) in three rounds



(b) Households nonorganic vegetable consumptions (NVCs) in three rounds

Figure 4: Boxplots of organic and nonorganic vegetable consumptions

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	Aggregate Sample size Coefficient	1.37*** 600	2.07*** 600		Aggregate Coefficient		-0.93 600	-1.72*** 600	
	Posttreatment round 2 Coefficient	1.62***	2.21***	ATT on NVCs ^c	Posttreatment round 2 Coefficient		-1.18*	-1.65**	*at the 10 percent level.
	Posttreatment round 1 Coefficient	1.12***	1.92***		Posttreatment round 1 Coefficient		-0.69	-1.78***	* at the 5 percent level and
$\mathbf{D}: \mathbf{E}_{\mathbf{r}}$	Difference-in-difference (ULU) models	Treatments Deliberation treatment vs hoteline treatment vs	Future design treatment vs baseline treatment (model 1-2)			Treatments	Deliberation treatment vs baseline treatment (model 2-1)	Future design treatment vs baseline treatment (model 2-2)	***significant at the 1 percent level, **

^a ATT stands for average treatment effects on the treated ^b OVCs stands for weekly organic vegetable consumptions in kg ^c NVCs stands for weekly nonorganic vegetable consumptions in kg

	Posttreatmen	t round 1	Posttreatment	round 2	Pane	1
	OVCs ^a	NVCs ^b	OVCs	NVCs	OVCs	NVCs
	ME ^c (combined)	ME	ME (combined)	ME	ME (combined)	ME
	Model 1-1 (two part)	Model 1-2 (glm)	Model 2-1 (two part)	Model 2-2 (glm)	Model 3-1 (two part)	Model 3-2 (glm)
Treatment dummies						
(Base group = Baseline treatment)						
Deliberation treatment	1.17^{***}	-1.08^{***}	1.38^{***}	-1.24^{***}	1.93^{***}	-2.05^{***}
Future design treatment	1.74^{***}	-2.17^{***}	1.86^{***}	-1.83^{***}	2.41***	-3.06^{***}
Control factors						
Knowledge	0.08	-0.18	-0.09	0.03	0.09*	-0.18*
Age	0.03^{**}	0.019	0.04^{***}	-0.01	0.03^{***}	0.007
Gender (Base group = Male)	-0.41	-0.59^{*}	-0.31	-0.78**	-0.26	-0.63^{**}
Household income	-5.12×10^{-06}	$1.80 imes 10^{-05*}$	-9.57×10^{-06}	$1.74 \times 10^{-05*}$	-4.78×10^{-06}	$3.1 \times 10^{-05***}$
Education	0.09	0.05	0.25^{**}	-0.19*	0.08	-0.06
Total family members under 18	0.22	0.29	0.37^{**}	0.03	0.28^{***}	0.14
Total earning member	0.22	0.10	0.09	0.16	0.11	0.007
Sample size	300	300	300	300	006	006
***significant at the 1 percent leve ^a OVCs stands for weekly organic v	/el, **at the 5 percent leve vegetable consumptions in	1 and *at the 10 percent kg	ıt level			

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^b NVCs stands for weekly nonorganic vegetable consumptions kg ^c ME stands for a marginal effect to indicate a change in the weekly organic (or nonorganic) vegetable consumptions when one independent variable increases by one unit, holding other factors fixed

identified to remain significant at 1 to 10% in posttreatment round 1, posttreatment round 2 and 345 panel. In models 1-1, 2-1 and 3-1, the age is identified to be consistent and statistically significant 346 with a positive sign on OVCs, meaning that an additional year increase of household head's age 347 is associated with an increase in OVCs. In models 1-2, 2-2 and 3-2, regarding the gender dummy, 348 females are interpreted to be consistently significant with a negative sign and household income 349 is identified to be statistically significant (having a very small magnitude) with positive signs for 350 NVCs. This means that women are generally more negative towards nonorganic vegetable con-351 sumptions than men. In posttreatment round 1 that households receive deliberation and FD, OVCs 352 (NVCs) are estimated to increase (decrease) by 1.17 and 1.74 kg (1.08 and 2.17 kg), respectively 353 and in posttreatment round 2, they are estimated to increase (decrease) by 1.38 and 1.86 kg (1.24 354 and 1.83 kg, respectively, as compared to baseline. In the panel regression, it is evident that 355 deliberation and FD receiving households weekly consume 1.93 and 2.41 kg (2.05 and 3.06 kg) 356 more (less) organic (nonorganic) vegetable than baseline, respectively. It can be concluded that 357 FD results in a sustained transition from nonorganic to organic vegetable consumptions relative to 358 baseline, and it has a nearly 1.5-times greater economic impact than deliberation. Furthermore, 359 we conduct subsample analyses that take into account deliberation as a base group and FD treat-360 ments.⁵ These analyses also reveal that FD has positive (negative) impacts on OVCs (NVCs) which 36 highlights its significant potential compared to any other treatments. 362

Overall, it is evident from the summary statistics that the random assignments of the treatments through sampling processes are effective enough (table 2) and households vegetable consumptions (organic and nonorganic) get different as time goes from pretreatment round to posttreatment rounds (table 3). We quantify the difference and check its robustness across the treatments through DID and two-part models, respectively. As indicated in our conceptual framework, household OVCs and NVCs are impacted by FD over the time periods as compared to those in baseline and deliberation in practically and statistically significant manners (figure 3). In sum-

⁵In subsample analyses that include deliberation (base group) and FD treatments, the marginal effects of FD on OVCs (NVCs) show positive (negative) and statistically significant results at 5 % level in posttreatment round 1 and in panel, respectively (see the appendix D for the results of subsample analysis).

mary, the average treatment effects across different lengths of treatment exposure for OVCs are 370 $\textit{ATT}_{\textit{deli}}^{\textit{OVCs}}(2,2) = 1.12, \textit{ATT}_{\textit{deli}}^{\textit{OVCs}}(2,3) = 1.37, \textit{ATT}_{\textit{FD}}^{\textit{OVCs}}(2,2) = 1.92 \textit{ and } \textit{ATT}_{\textit{FD}}^{\textit{OVCs}}(2,3) = 2.07,$ 371 while those for NVCs are $ATT_{FD}^{NVCs}(2,2) = -1.78$ and $ATT_{FD}^{NVCs} = -1.72$ (table 4). The estimated 372 average effects indicate that over three rounds, households in FD weekly consume organic (nonor-373 ganic) vegetable on average 2.07 kg (1.72 kg) more (less) than baseline. FD results in a sustained 374 transition from nonorganic to organic vegetable consumptions and the effect under FD is approx-375 imately twice as much as that under deliberation in magnitude. These are robust and consistent 376 with the results obtained from two-part panel regressions. The estimation results associated with 377 OVCs and NVCs provide answers to our research questions (how does the FD approach impact 378 food consumption?) and support the alternative hypothesis (FD induces a lasting shift to SFC) 379 by rejecting the null. Finally, our research establishes that FD demonstrates a great potential for 380 inducing people to make a persistent change to sustainable food consumption (SFC). 38

Capitalism emerged as a socioeconomic system 300 - 400 years ago where private agents have 382 ownership over properties based on their own interests, and transactions of commodities and ser-383 vices are made through demands and supplies in markets along the prices (Jahan and Mahmud, 384 2015, Brayshay, 2020). The goal is claimed to be benefiting a society as a whole by allowing 385 decentralized market mechanisms for consumptions, productions and the exchanges (Harris and 386 Delanty, 2023). The fundamental characteristic of such capitalism is a strong drive for private 387 agents to make a continuous differentiation towards profits. In old agrarian societies, a geograph-388 ical difference had generated profits, when people transported some commodities and resources 389 form one place to the other (Brayshay, 2020). In industrial societies, a production-process dif-390 ference has generated profits, enabling to make mass productions and consumptions with cheap 39 costs all over the world (Iwai, 1992). In post-industrial societies, an informational difference is 392 now expected to generate profits, when private agents can edit and convey the information asso-393 ciated with commodities and services as a story (or a narrative) to people by utilizing the advent 394 of digital technologies and platforms (Gilliam and Flaherty, 2015, Iwai, 2015, Shiller, 2019, 2020, 395 Li et al., 2019, Kemp et al., 2021, Júnior et al., 2023). It is also claimed that long-run behav-396

iors get impacted, when people receive some information and find the meaning and significance as a story through their deliberative cognitive processes, such as psychological ownership (Evans, 2008, Frankl, 2008, Kahneman, 2011, Rosa et al., 2021). In this sense, a set of interventions introduced by FD is considered one effective approach that induces people to endogenously trigger their deliberative cognitive processes, edit and interpret information as their long-run life story. Therefore, it shall be possible to argue that households in our experiments have made a persistent change to SFC, voluntarily finding the meaning and significance by FD.

404 Conclusion

This paper has examined the effect of the future design (FD) approach on sustainable food 405 consumption (SFC), investigating the question "how does the FD approach impact food consump-406 tion?" and the hypothesis "FD induces a lasting shift to SFC." To this end, we have implemented a 407 3-round social experiment with three treatments of "baseline," "deliberation" and "FD," for collect-408 ing data on organic vegetable consumptions (OVCs), nonorganic vegetable consumptions (NVCs) 409 and sociodemographic factors of 300 households in Bangladesh over three months. The results 410 show that FD induces people to have a sustained increase in organic and decrease in nonorganic 411 vegetable consumption as compared to any other treatment, and the effect under FD is approx-412 imately twice as much as that under deliberation in magnitude and in each round. Overall, FD 413 demonstrates a great potential for inducing people to make a persistent change to SFC. The novel 414 aspects of this study are (i) to consider the perspective taking of future generations for analyzing 415 households lasting shifts to SFC by conducting multiple rounds of social experiments and (ii) to 416 empirically identify real choices and consumptions of households between organic and nonorganic 417 vegetables instead of declared intentions. 418

We acknowledge certain limitations in our study and provide potential avenues for future research. First, this research focuses on organic and nonorganic vegetable consumptions by households to examine the sustained impact of FD on SFC, which is considered the best approximation

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we can make in the context of Bangladesh. However, future studies should be able to collect and 422 use household total food consumption and food waste data to identify the detailed results. Sec-423 ond, our study does not analyze the intricate mechanisms of how and why FD affects households 424 motivations, decisions and behaviors on SFC. With an additional experimental design or further ex-425 periments using the neuropsychological approach and qualitative interviews, future studies should 426 be able to characterize how and why FD households change their behaviors (Shahen et al., 2021). 427 Third, in order to extend the applicability of our research findings, future studies should employ 428 the FD approach to address several other sustainability problems. While we recognize that our re-429 search may have other limitations, we firmly believe that it represents an advancement in promoting 430 a persistent change to SFC, and further studies on this topic will help solidify these findings. 431

432 **5** Appendix

We provide (A) the experimental instructions for an overview of the programs, (B) a document for collecting the information of pretreatment knowledge and (C) the case-method materials on the history and current situation of organic and nonorganic foods to the Bangladeshi households in the field as materials of the appendices. We also prepare appendix (D), the tables of subsample analyses by considering deliberation (base group) and future design treatments, to support the robustness of our results.

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